Emergency Kit Checklist

Manual/ Hand-operated Can Opener	Toiletries and hygiene products
Emergency Cash in small bills (at least \$500)	Medical equipment and assistive devices (glasses, hearing aids, catheters,
Electronic copies of important documents	augmentative communication devices, canes, walkers). Label each with your
Flashlights, Extra Batteries, Candles and Matches	name and contact information.
First aid kit & 1 month supply of prescribed medications, extra hearing aids	List of emergency contact information: including your primary physician, pharmacist, assistive equipment supplier,
Power banks and extra phone chargers	medical supplier, and support network members in and out of the region
Sturdy shoes, clothes, and extra eyeglasses	
Canned Goods & Non-perishable Foods (7-Day Supply)	Alerting items: white distress flag or cloth, whistle, and/or glow sticks
(7 Day Supply)	List of your needs related to your disability
5 Gallons of Drinking Water per Day, per Person (7-Day Supply	or health conditions. Write it down or wear medical alert tags or bracelets
Service Animal Supplies and Pet Disaster Kit	Masten
Tools (wrench, pliers, hand-ax) and fire extinguisher	Of Disasters BARRISE N. GRIFFIN

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